

**RUSHMOOR SYNCHRONISED SWIMMING CLUB  
SCHEDULE FOR DECEMBER 2008**

|                            |  |   |  |
|----------------------------|--|---|--|
| Tuesday 2 Dec              | Farnborough Pool   | 7.30- 9.00pm<br>Team<br>swimthroughs from<br>8.20pm                           | All to attend  |
| Wednesday 3 Dec            | Aldershot Pool   | 7.30 – 9.00pm   | Those doing figures at NAG<br>only   |
| Friday 5 – Sunday<br>7 Dec | National Age Groups and British Champs, Gloucester<br>ALL are invited to attend to support our competitors.<br>Schedule can be found at<br><a href="http://www.sportcentric.com/vsite/vfile/page/fileurl/0,,5157-1-1-142748-0-file.00.pdf">http://www.sportcentric.com/vsite/vfile/page/fileurl/0,,5157-1-1-142748-0-file.00.pdf</a> |   |  |
| Tuesday 9 Dec              | Farnborough Pool   | 7.30 – 9.00pm   | All to attend  |
| Weds 10 Dec                | Aldershot Pool   | 7 30 – 9.00pm   | All to attend  |
| Saturday 13 Dec            | Guildford<br>Spectrum  | Diving Pool<br>8.00 – 9.30 am<br>Skill 2 & 3<br>9.30 – 11.00am<br>Skill 4 & 5 | Dance Studio<br>8.00 – 9.30 am<br>Skill 4 & 5<br>9.30 – 11.00am<br>Skill 2 & 3 |
|                            | Guildford High Sch   | NO TRAINING   |  |
| Sunday 14 Dec              | Flex   | 6.00 – 7.00pm   | Everyone not swimming at<br>6pm  |
|                            | Farnborough Pool   | 6.00pm-9.00pm   | Display Training<br>All to attend (including those<br>that joined in March)    |
| Tuesday 16 Dec             | Farnborough Pool   | 7.30-9.00pm   | All to attend  |
| Weds 17 Dec                | Aldershot Pool   | 7.30-9.00pm   | All to attend  |
| Saturday 20 Dec            | Guildford<br>Spectrum,   | No Training   |  |
|                            | Guildford High Sch   | No Training   |  |
| Sunday 21 Dec              | Farnborough Pool   | 6.00- 9.00pm  | Display Training<br>All to attend (including those<br>that joined in March)    |
| Tuesday 23 Dec             | Farnborough Pool   | 7.30-9.00pm<br>FUN SESSION  | All to attend<br>Fancy dress/<br>pyjamas to be worn                            |

Merry Christmas and a Happy New Year

