

**RUSHMOOR SYNCHRONISED SWIMMING CLUB
SCHEDULE FOR JULY2008**

7 July 2008

Tuesday 1 July	Farnborough Pool	7.30 -9.00 pm	All to attend
Weds 2 July	Aldershot Pool	7.30 – 9.00pm	All to attend
Saturday 5 July	Guildford Spectrum	Diving Pool 8.00 – 9.30 am Skill 2 & 3 9.30 – 11.00am Skill 4 & 5	Dance Studio 8.00 – 9.30 am Skill 4 & 5 9.30 – 11.00am Skill 2 & 3
	Guildford High Sch	8.00 - 10.00am	Skill 0 and 1
Sunday 6 July	Flex	6.00 – 7.00pm	Everyone not swimming at 6pm
	Walkthrough	7.00 – 8.00pm	12U T
	Farnborough Pool	6.00 – 7.30pm 7.30-9.00pm	13/14 & 15/16/17 12U C & 9U
Tuesday 8 July	Farnborough Pool	7.30- 9.00pm	All to attend
Wednesday 9 July	Aldershot Pool	7.30 – 9.00pm	All to attend
Saturday 12 July	Guildford Spectrum	Diving Pool 8.00 – 9.30 am Skill 4 & 5 9.30 – 11.00am Skill 2 & 3	Dance Studio 8.00 – 9.30 am Skill 2 & 3 9.30 – 11.00am Skill 4 & 5
	Guildford High Sch	8.00 - 10.00am	Skill 0 and 1
Sunday 13 July	Flex	6.00 – 7.00pm	Everyone not swimming at 6pm
	Walkthrough	7.00 – 8.00pm	15/16/17
	Farnborough Pool	6.00 – 7.30pm 7.30-9.00pm	12U T & 13/14 12U C & 19U
Tuesday 15 July	Farnborough Pool	7.30 – 9.00pm	Club Sculling Competition Those with Skill 0 and Skill 1 only but all to attend please to give support
Weds 16 July	Aldershot Pool	7 30 – 9.00pm	All to attend
Saturday 19 July	Guildford Spectrum	Diving Pool 8.00 – 9.30 am Skill 2 & 3 9.30 – 11.00am Skill 4 and 5	Dance Studio 8.00 – 9.30 am Skill 4 and 5 9.30 – 11.00am Skill 2 and 3
	Guildford High Sch	8.00 - 10.00am	Skill 0 and 1
	Garrison	6.00-9.00pm	All to attend

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Sunday 20 July	Flex	6.00 – 7.00pm	Everyone not swimming at 6pm
	Walkthrough	7.00 – 8.00pm	19U
	Farnborough Pool	6.00 – 9.00pm	British Champs Squad Selection for Egypt
Tuesday 22 July	Farnborough Pool	7.30-9.00pm	All to attend
Weds 23 July	Aldershot Pool	7.30-9.00pm	All to attend
Saturday 26 July	Guildford High Sch Last session for the Summer	8.00 - 10.00am	Skill 0 and 1
Sunday 27 July	Flex	6.00 – 7.00pm	Everyone not swimming at 6pm
	Walkthrough	7.00 – 8.00pm	13/14
	Farnborough Pool	6.00- 7.30pm 7.30 – 9.00pm	12U T & 15/16/17 12U C & 19U
Tuesday 29 July	Farnborough Pool	7.30-9.00pm	All to attend
Weds 30 July	Aldershot Pool	7.30 – 9.00pm	All to attend