



Club Sculling Competition - 15th July 2008

Skill Level 0's

Rank	Name	Fig1	Fig2	Fig3	Total
1	Emma Carpenter	4.500	5.067	5.267	49.447
2	Daisy Bignell	4.500	4.967	5.000	48.223
3	Ella Watson	4.667	4.833	4.900	48.000
3	Hannah James	4.567	5.100	4.733	48.000
5	Hayley Kearn	4.733	4.933	4.633	47.663
6	Sophie Eyre	4.200	4.900	5.033	47.110
7	Laura Parker	4.467	4.933	4.433	46.110
8	Jessica Fuller	4.333	4.467	4.767	45.223
9	Charlie Bennett	3.733	4.667	4.733	43.777
10	Celina Dembinska	4.167	4.200	4.700	43.557

Figure1 Prone position travelling 5 meters demonstrating reverse scoop scull

Figure2 Stationery back layout to tub position, returning to back layout

Figure3 Travelling head first on back 5 meters using standard scull

Skill Level 1's

Rank	Name	Fig1	Fig2	Fig3	Total
1	Tiffany Le	5.167	5.633	5.067	52.890
2	Imogen Smith	5.033	5.433	5.300	52.553
3	Elizabeth Plummer	5.033	5.533	4.900	51.553
4	Kate Morgan	5.267	5.400	4.533	50.667
5	Charlotte Langley	5.100	5.367	4.533	50.000
6	Leila Vickers	4.733	5.100	4.767	48.667
7	Lara Hockin	4.800	4.467	4.833	47.000

Figure1 Right leg ballet leg

Figure2 Inverted tuck demonstrating support scull

Figure3 Front layout to front pike position, reverse scoop sculling action must be shown